Stitching appliqués
Embroidery Machine

	Hoop your garment.
	Cut a piece of fabric for the appliqué. Spray the fabric with your favorite temporary spray adhesive and place on the garment. DO NOT HOOP THIS FABRIC. Hint: if you are going to be doing an appliqué on towels or other fabric with a nap, you might want to consider hooping a piece of wash away stabilizer on top of the towel. When you trim up your appliqué, the water-soluble stabilizer will protect the towel from the scissors so they won't damage the nap.
	Stitch the running stitch portion of the design, the Appliqué Position.

Stitching appliqués - continued
Embroidery Machine

	Remove hoop from machine DO NOT UNHOOP GARMENT. Trim close to the stitching line but do not cut the stitching.
	Replace the hoop into the machine. You do not need to change the thread color. Continue stitching until the appliqué is finished.